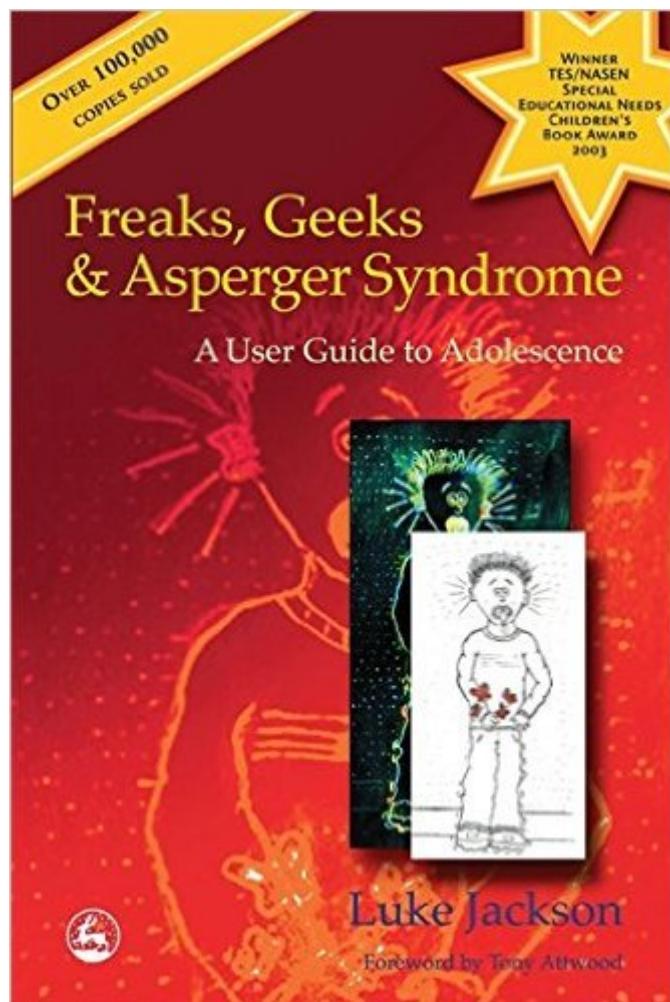


The book was found

Freaks, Geeks And Asperger Syndrome: A User Guide To Adolescence



Synopsis

Part of the Reading Well scheme. 27 books selected by young people and health professionals to provide 13 to 18 year olds with high-quality support, information and advice about common mental health issues and related conditions. Winner of the NASEN & TES Special Educational Needs Children's Book Award 2003

Have you ever been called a freak or a geek? Have you ever felt like one? Luke Jackson is 13 years old and has Asperger Syndrome. Over the years Luke has learned to laugh at such names but there are other aspects of life which are more difficult. Adolescence and the teenage years are a minefield of emotions, transitions and decisions and when a child has Asperger Syndrome, the result is often explosive. Luke has three sisters and one brother in various stages of their adolescent and teenage years but he is acutely aware of just how different he is and how little information is available for adolescents like himself. Drawing from his own experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality. Luke writes briefly about his younger autistic and AD/HD brothers, providing amusing insights into the antics of his younger years and advice for parents, carers and teachers of younger AS children. However, his main reason for writing was because "so many books are written about us, but none are written directly to adolescents with Asperger Syndrome. I thought I would write one in the hope that we could all learn together".

Book Information

Paperback: 216 pages

Publisher: Jessica Kingsley Publishers; 1 edition (August 15, 2002)

Language: English

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ISBN-13: 978-1843100980

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ See all reviewsÂ (124 customer reviews)

Best Sellers Rank: #68,998 in Books (See Top 100 in Books) #27 inÂ Books > Education & Teaching > Schools & Teaching > Special Education > Communicative Disorders #64 inÂ Books > Biographies & Memoirs > Specific Groups > Special Needs #73 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Food Counters

Customer Reviews

Until now, there has never been a book about Asperger's Syndrome by a teenage with AS specifically FOR teens with AS. But Luke Jackson, a thirteen-year-old boy with Asperger's Syndrome from England, comes to the rescue with his cool new book, *Freaks, Geeks and Asperger's Syndrome: A User Guide to Adolescence*. Like a breath of fresh air, he writes in a breezy, witty, easy-to-understand style, to reassure teenagers that having AS (or High-Functioning autism). First, he introduces the reader to his family, then goes on to introduce himself, including his obsessions (the big one being computers, of course!), the things that he has collected, such as pencils and then he talks about the ways he accommodates his sensory problems. One of the most ingenious is to use a balaclava, to provide the deep pressure that he needs to shut out extraneous noise and other stimuli. He goes into the minutest detail about the difficulties he experiences in school, including the literal interpretation of what he hears from the teacher, bullying, the problems involved with homework. One of the minefields that is socializing and figuring out the subtle nuances in *Freaks, Geeks and Asperger's Syndrome* is the one on dating. In this chapter, Luke gives important tips on attracting kids of the opposite sex and on dating itself, including looking as clean and attractive as possible, being tactful, and giving that person a compliment, such as, "I like your tie!" The overall theme of this little gem is that having AS and High-Functioning autism is a **POSITIVE** thing. "Different is cool!"

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